

Utah Canyons Backpacking



Gear List

☛ Baggage

- ☐ Backpack - 30-50 liters, capable of 30-40 lb load.
- ☐ Large duffle bag.

☛ Sleeping

- ☐ Sleeping bag - lightweight, easily packable (rated to 20 degrees).
- ☐ Sleeping pad.
- ☐ Tents are supplied.

☛ Travel

- ☐ Casual clothing - lightweight, comfortable items for travel.
- ☐ Airline tickets (if necessary).
- ☐ Earplugs.
- ☐ Travel pillow.

☛ Clothing

- ☐ Hiking shorts.
- ☐ Pants - zip-offs are great.
- ☐ T-shirts.
- ☐ Long sleeve shirts.
- ☐ Long underwear.
- ☐ Fleece jacket or wool sweater.
- ☐ Fleece pants.
- ☐ Down jacket (optional).
- ☐ Waterproof/breathable jacket and pants.
- ☐ Underwear.

☛ Accessories

- ☐ Sun hat with brim.
- ☐ Ski hat.
- ☐ Gloves - midweight windstopper.
- ☐ Gloves - warm and waterproof.

☛ Footwear

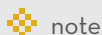
- ☐ Hiking boots - waterproof with good ankle support.
- ☐ Tennis shoes or sandals.
- ☐ Gaiters.
- ☐ Hiking socks.
- ☐ Sock liners.
- ☐ Camp socks.

☛ Other

- ☐ Water bottles (2-3) and/or Camelback (2-3)
- ☐ Plastic bowl, cups, spoon and fork.
- ☐ Water purification tablets or filter.
- ☐ Matches or lighter.
- ☐ Trekking poles.
- ☐ Small multi-tool or pocket knife.
- ☐ Headlamp or flashlight.
- ☐ Sunglasses.
- ☐ Camera, film, tripod (optional).
- ☐ Extra batteries for headlamp, camera, etc.
- ☐ Book notebook, journal, pencil or pen.
- ☐ Bandanas or Buff.
- ☐ Pack cover.
- ☐ Binoculars.
- ☐ Personal first-aid kit and medication.
- ☐ Trail snacks.
- ☐ Several large Ziploc plastic bags.

☛ Toiletries

- ☐ Toilet paper (will use Ziploc bags for used paper while on trail).
- ☐ Medium to Large packtowel.
- ☐ Soap.
- ☐ Toothbrush and toothpaste.
- ☐ Handi-wipes (moist towelettes for cleaning).
- ☐ Hand sanitizer.
- ☐ Personal toiletry items.
- ☐ Sun block and lip balm.



note

Please take this list to one of our experts at your local Backwoods store for assistance with proper fit, how to care for and what product is best for you or shop for your gear online at www.backwoods.com!