

# Utah Canyons Backpacking

## ☛ Quick Facts

Trip Dates	April 7 through 11, 2010		
Total Days	5		
Trip Level	II (see below for explanation of levels)		
Cost	\$999* (see below for what's included) *Prices evaluated October 1st for the trips in the following year.		
Trip Type	Hiking/Trekking		
Trip Host	Joe Koehly	316.200.5780	jkoehly@backwoods.com

## ☛ Trip Details

This backpacking trip will take us back in history, not only will we be hiking through spectacular sandstone corridors, we will also have a number of amazing archeological sites to visit up close!

With 4 days and 3 nights of backpacking and a welcome dinner and overnight in historic Durango, Colorado this 5 day trip is a truly unique backpacking experience. We will meet in Durango on Wednesday afternoon for our trip briefing and gear shakedown, before we head to a local eatery for dinner, then a good night's sleep before heading West to Utah!

Travelling from Durango to Cedar Mesa we will take in the beauty of the area on the drive before dropping into Kane Gulch and making our way down the Grand Gulch canyon. This trip is like an outdoor excursion to a natural history museum. The canyon is littered with early Pueblan Indian ruins dating between 800 to 1200 years A.D. We will have a firsthand view of petroglyphs, pictographs, and ancient kivas!

Each team member will carry their personal gear, along with group cooking gear and food distributed evenly. We will cover 5 to 8 miles a day, eating lunch on the trail and spending plenty of time enjoying our surroundings. Evenings will be spent in camp, sharing stories of the day and enjoying the stars above the beautiful canyon walls.

A complete pre-departure packet will be available once you book this trip including a detailed travel itinerary.

## ☛ What's Included?

The price includes all hotels, all transfers once in Durango and over to Utah, most meals, group gear, park and guide fees. Yes, you can (almost) leave your wallet at home - the price is ALL inclusive! This is a unique feature of the Backwoods Adventures trips as most companies price their trips on land cost only.

## ☛ What's not included?

Personal gear and clothing for your personal use on the trip; alcoholic drinks at meals, guide tips (should you choose to tip your guide); additional charges in hotels such as laundry charges, etc.; additional activities outside the designed trip; airport and immigration taxes (in some situations); travel insurance; any medical costs; and any costs associated with leaving the trip early by your choice. The trip price is figured on double room occupancy; however, single occupancy is available at an additional charge.

## ☛ Group Size

We like to travel in small, more intimate numbers. This allows us to build great chemistry as a group and also allows for opportunities that may not be available while traveling in larger numbers.





### 👉 Tips

During your Backwoods Adventures experience your leaders work 24 hours a day for the duration of your trip ensuring that you have a great time. If you feel they gave you an excellent experience, and you wish to leave a tip for them, it is greatly appreciated! Certain Backwoods Adventures trips will require the additional assistance of porters, drivers, or other local staff members to assist with the overall operation. These are hard working individuals who also stay on task 24 hours a day and assist in any way necessary. It is not mandatory to tip, but, it does highly supplement their pay, therefore, again is greatly appreciated.

### 👉 Trip Leaders

A unique feature of Backwoods Adventures is that you can talk directly with your guide. Please call or email Joe Koehly (316.200.5780 ~ jkoehly@backwoods.com) with any questions you have regarding this adventure.

### 👉 Meals

At Backwoods Adventures we know that well fed travelers are happy travelers! We aim to please your palate by providing great meals both in town and on the trail!

### 👉 Health

Some of the activities that you may choose to participate in while in Utah are strenuous. They should not be undertaken if you have any health conditions which may put you at risk. You are strongly advised to consult your physician for a thorough medical check-up and clearance before attempting the hike. If you are over 50 years old, talk to your doctor about doing a 'stress EKG'. Should you require any medication whatsoever, you must provide your own and be able to administer it yourself.

### 👉 Accomodations

Our accommodations will vary based on our location. However, all hotels and lodges are among the highest rated in the area both for location and amenities. In the canyon we will be staying in spacious backcountry tents. We strive to deliver high quality and unique experiences in the area we are visiting!

### 👉 Travel Insurance

It is strongly suggested that you have comprehensive travel protection insurance. Trip insurance can include coverage for medical emergencies, coverage for trip cancellation due to your own accident or illness, or all of the above. We recommend this insurance as Backwoods Adventures cannot be responsible for covering these types of individual situations. Should you choose to purchase this insurance, please carry your confirmation information with you on your trip. Please provide us with the name, policy number and emergency contact number of your chosen insurance company.

### 🌟 Activity Levels

At Backwoods Adventures, we have trips for every skill level from novice to expert. These guidelines will help you select the level of adventure that's right for you.

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| Level I   | Requires no particular fitness level and no special skills and there is the option to just hang out! |
| Level II  | Requires a moderate fitness level, equivalent to 2 to 4 hours of physical exertion.                  |
| Level III | Requires a high level of fitness, equivalent to 6 to 8 hours of physical exertion.                   |
| Technical | Requires specific skills such as climbing, biking or scuba diving.                                   |

If you have questions about whether you are physically ready for a specific trip, we work with personal fitness trainers familiar with our trips that can assist you with your training program. Feel free to contact a trip guide.