

Mont Blanc Circuit

Gear List

The best way to stay comfortable on any active adventure is going lightweight. Wearing the right versatile layers will insure a system with great ventilation and maximum protection in any conditions. The items on this list are just suggestions, however traveling with these items will give you the best chance for comfort and protection while in the Alps against any and all conditions. Your local Backwoods employee would be glad to help determine which product is right for you!

As with many high altitude mountain trips, the weather can change very quickly. During the daytime temperatures range between 60-80+ degrees, with cool evenings. Most days will be clear and enjoyable, however, cool and misty conditions are possible. Mountain passes can also bring the occasional snow or rain shower!

➔ **Baggage**

- Day pack - 2,000-3,000 cu. in.
- Large duffle bag.
- Luggage tags and luggage locks.
- Passport pouch or money pouch.

➔ **Travel**

- Casual clothing - lightweight, comfortable items for travel and daily wear in cities.
- Valid passport.
- Airline tickets.
- Electrical adapter plug.
- Earplugs.
- Travel pillow.

➔ **Clothing**

- Waterproof, breathable jacket.
- Waterproof, breathable pants - should be able to slip on and off easily over boots.
- Midweight fleece pants or tights.
- Long-sleeved shirt.
- Hiking pants and shorts.
- Lightweight synthetic long underwear top.
- Lightweight synthetic long underwear bottom.
- T-shirts, synthetic.

➔ **Clothing Accessories**

- Sun hat.
- Ski hat.
- Gloves - midweight windstopper.

➔ **Footwear**

- Hiking boots - waterproof, lightweight and broken-in, aggressive tread.
- Trail shoes - a break from your boots.
- Gaiters.
- Hiking socks.
- Sock liners.

➔ **Other**

- Sleeping sheet.
- Water bottles and/or Camelback (2-3)
- Headlamp and/or flashlight.
- Sunglasses.
- Bandanas.
- Money (\$800-\$1,000 in cash, including some small Euros).
- Hiking staff or trekking poles.
- Pack cover.
- Camera, film, tripod.
- Batteries - extra for headlamp and camera.
- Small binoculars.
- Notebook, journal, pencil and pen.
- Energy bars, hard candy, snacks, comfort food.
- Personal first-aid kit.
- Watch with alarm.
- Several Ziploc plastic bags.
- Heavy duty trash bag.

➔ **Toiletries**

- Toilet paper (and baggie for used paper while on trail).
- Small towel.
- Soap.
- Toothbrush and toothpaste.
- Handi-wipes (moist towelettes for cleaning).
- Hand sanitizer.
- Personal toiletry items.
- Sun block and lip balm.

note

Please take this list to one of our experts at your local Backwoods store for assistance with proper fit, how to care for and what product is best for you!